

Main broadcast schedule table with columns for days of the week (月, 火, 水, 木, 金, 土, 日) and time slots (6:00, 7:00, 8:00, 9:00, 10:00, 11:00, 12:00, 13:00, 14:00, 15:00, 16:00, 17:00, 18:00, 19:00, 20:00, 21:00, 22:00, 23:00, 0:00, 1:00, 2:00, 3:00, 4:00). Includes program titles like 'ワイワイ健康体操', 'Wa!FULL', 'ワイドワイド', and 'ワイドワイド'.